ACRONYMS

Here is a list for your reference of the main acronyms that our instructors use when teaching you to drive. Your instructor will explain each of them when it is relevant or appropriate during your lessons.

For the cockpit drill

DSSSM – Doors, Seat (inc. head-restraint), Seatbelt, Steering Wheel, Mirrors

For moving off

P O M – Prepare, Observe, Move

P O S M – Prepare, Observe, Signal (if appropriate), Move

On the move, changing position/direction

M S M – Mirror, Signal, Move

M S P S(p) (gr) L – Mirror, Signal, Position, Speed/(gear), Look

L A D A – Look, Assess, Decide, Act

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